

**Virginia Area Al-Anon
2019 Spring Assembly**

“Action is Attraction – There is No Growth in the Comfort Zone”

May 4-5, 2019

DoubleTree by Hilton 1021 Koger Center Blvd Richmond – Midlothian

-----Please turn off all cell phones-----

Friday 3 May

7:15 Area Officers Meeting Suite 802

Saturday 4 May

9:30 - Opening Session for Group Stacy L. Shenandoah C and D
11:30 Representatives and Interested Members

9:30 - Opening Session for District Rick A. Shenandoah A
11:30 Representatives

11:30 Lunch on your own. See Restaurant Guide in your registration packet, or bring a brown bag!

1:00 General Session Shenandoah C and D

Serenity Prayer Tom S., Area Chair

Welcome and Remarks Tom S.

12 Steps Shannon H.

12 Traditions Randi M.

12 Concepts of Service Ann G.

Introduction of New Groups JC L.

Introduction of Past Delegates, Trustees and Visitors Tom S.

Introduction of Area Officers, Coordinators, Committee, Service Center Chairs Tom S.

Concept 1 Tom S.

Recognition – Panel 56 Tom S.

1:25 Registration Committee Report Loudoun Fall 2019: Roanoke

1:30 DR Roll Call Laura L., Area Secretary

1:40 Approval of 2018 Fall Assembly Minutes Laura L.

Approval of Treasurer’s Report: 1st QR Bruce B., Area Treasurer
Alternate Delegate’s Report Stacy L., Area Alternate Delegate

2:00 Delegate’s Report Terry W., Area Delegate

2:30 Stretch Break

2:45 1st Raffle Tom S.

2:45 Coordinator, Liaison and Committee Reports

Public Outreach Val P.

Literature/Forum Ann F.

Group Records JC L.

AAPP Debi H.

	Alateen	Ginny K.	
	Archives	Sue A.	
	Northern VA Service Center	Phyllis F.	
	Tidewater Service Center	Ami S.	
	LRPC	Wendy R.	
	MEAC	Yasi S.	
	ESAC	Lisa E.	
3:15	Break/Literature Table	Northern VA Service Center	Shenandoah Corridor
3:45	2 nd Raffle	Tom S.	
3:45	Website Update (New Comm....)	Sue V.	
4:00	Convention Updates OUR RECOVERY PUZZLE Washington August 23-25, 2019	Christy B.	
4:30	VAWSC Voting Items: Voting Issue: Alt Treasurer/Alt Sec Discussion Topic: Bylaws Revision	Tom S.	
5:00	Break/Room Check In		Front Lobby – 1 st Floor
6:15	Dinner		Shenandoah C & D
7:15	Workshops – First Session		
	1a. Public Outreach	Val P.	Anna
	2a. Literature/CAL	Ann F. & Becky D.	Bon Air
	3a. Why Do We Have An Area?	Bruce B.	New River
	4a. Alateen/AAPP	Ginny K. & Debi H.	Shenandoah B
	5a. Archives	Sue A.	York
	6a. Web Site/On-Line Resources/LRPC	Sue V. & Wendy R.	Shenandoah A
8:30-?	Can we talk?		
	GR Chat Room	Stacy L.	Shenandoah C&D
	DR Chat Room	Rick A.	Shenandoah A
9:15	Night Owl Meeting	Sean M.	York Room
Sunday 5 May			
7:00	Early Bird Meeting	Diana A.	
7:30	Breakfast Buffet (Ends at 8:30 sharp!)		Shenandoah C and D
8:45	3 rd Raffle	Tom S.	
8:45	Reconvene General Session		Shenandoah C and D
	Spiritual Speaker	Vali F. (WSO Executive Dir.)	
9:30	Break/Check Out		Ballroom Corridor
10:00	Workshops – Second Session		
	1b. Sponsorship – Together we can Make it.	Ami S.	Anna
	2b. Hosting a District Workshop	Shannon H.	Shenandoah B
	3b. Three Obstacles to Success	Joyce M.	New River
	4b. Healthy & Safe Meetings	Paula S. & Stacy L.	Chesterfield
	5b. 7 th Tradition/Group Finances	Regan K. & Ellie F.	York Room
	6b. Business Meetings, Inventory & Group Conscience	Bruce B. & Wendy R.	Shenandoah A
11:00	What's Happening at the WSO	Vali F. (WSO Executive Dir.)	Shenandoah C and D
11:30	Workshop Sessions Report Back	Workshops POC	
11:45	Seventh Tradition	Bruce B.	Complete Evaluations

12:00	Delegate Report (cont.)	Terry W.
12:30	Closing and AI-Anon Declaration	Tom S.

Let it begin with me...

When anyone, anywhere, reaches out for help, let the hand of AI-Anon and Alateen always be there, and let it begin with me.

Upcoming Dates: 2019

May 4-5	Spring Assembly	DoubleTree, Midlothian
June 1	Area Officer's Meeting	DoubleTree, Midlothian
August 3	VAWSC	Johnson-Willis Hospital
August 23-25	VA Area Convention	Westfields Marriott, Washington Dulles
October 19-20	Fall Assembly	DoubleTree, Midlothian
December 7	Area Officer's Meeting	DoubleTree, Midlothian

2020

May 16-17, 2020	Spring Assembly	DoubleTree, Midlothian
October 10-11, 2020	Fall Assembly	DoubleTree, Midlothian

2021

May 15-16, 2021	Spring Assembly	DoubleTree, Midlothian
October 16-17, 2021	Fall Assembly	DoubleTree, Midlothian

Agenda Acronyms:

AAPP	Area Alateen Process Person
ADR	Alternate District Representative
AIS	AI-Anon Information Service
AGR	Alternate Group Representative
AMIAS	AI-Anon Member Involved in Alateen Service
ASC	AI-Anon Service Center
CAL	Conference Approved Literature
DR	District Representative
ESAC	Eastern Seaboard Alateen Conference
GR	Group Representative
LDC	Literature Distribution Center
LRPC	Long Range Planning Committee
MEAC	Mid-Eastern Alateen Conference
SERDGT	Southeast Regional Delegate Get-Together
VAWSC	Virginia Area World Service Committee
WSO	World Service Office
WSC	World Service Conference